

2023

JANUARY

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| 1 | 2 NO SCHOOL | 3 NO SCHOOL | 4 Baked Beef Ziti Italian Baked Chicken Garlic Knots Cheese Stick Lima Beans Roasted Broccoli Chopped Greek Salad Pizza | 5 Chicken Stir Fry Italian Baked Chicken Egg Roll White Rice Creamed Corn Sauteed Squash Fresh Fruit Chicken Tenders | 6 Hamburger Steak Italian Baked Chicken Mashed Potatoes Fried Mushrooms Green Beans Collard Greens BLT Salad Corn dog | 7 |
| 8 | 9 Chicken and Rice Italian Baked Chicken French Fries Yeast Roll Sweet Peas Roasted Vegetables Broccoli Salad Hamburger | 10 Enchilada Italian Baked Chicken Spanish Rice Onion Rings Black Beans Roasted Cauliflower Roasted Mango Salsa Chicken Nuggets | 11 Chicken Alfredo Italian Baked Chicken Garlic Knot Cheese Stick Corn Cob Steamed Broccoli Caesar Salad Pizza | 12 Breakfast Sausage/Bacon/Chicken Grits Eggs Biscuits/Pancakes French Toast Sticks Breakfast Potatoes Muffins | 13 BBQ Pulled Pork Italian Baked Chicken Potato Wedges Broccoli Cheese Soup Glazed Carrots Sauteed Mushrooms Coleslaw Grilled Ham & Cheese | 14 |
| 15 | 16 NO SCHOOL | 17 Chicken Parmesan Italian Baked Chicken French Fries Pasta with Marinara Garlic Bread Green Beans Fresh Fruit Hamburger | 18 Baked Spaghetti Italian Baked Chicken Garlic Knot Cheese Stick Roasted Broccoli Brussel Sprouts Chicken Salad Pizza | 19 Country Fried Steak Italian Baked Chicken Fried Okra Butter Noodles Lima Beans Roasted Vegetables Deviled Eggs Chicken Sandwich | 20 Fried Chicken Baked Fish Mac N Cheese Cornbread Blackeyed Peas Collard Greens Cucumber Salad Hot Dog | 21 |
| 22 | 23 Ravioli with Meat Sauce Italian Baked Chicken French Fries Yeast Rolls Baked Apples Steamed Broccoli Fresh Pineapple Hamburger | 24 Chicken Pot Pie Italian Baked Chicken Potato Wedges Pretzel Stick Buttered Corn Green Beans Watermelon Mini Chicken Tacos | 25 Bacon Chicken Ranch Pasta Italian Baked Chicken Garlic Knot Cheese Stick Glazed Carrots Roasted Vegetables Chopped Greek Salad Pizza | 26 Beef Tacos Italian Baked Chicken Cheese Quesadilla Fried Pickles White Rice Roasted Zucchini Street Corn Salad Ham & Turkey Subs | 27 Chicken Spaghetti Italian Baked Chicken Tater Tots Honey Biscuit Sweet Peas Steamed Vegetables Caesar Salad Chicken Tenders | 28 |
| 29 | 30 Chicken & Dumplings Italian Baked Chicken French Fries Garlic Bread Corn Cob Turnip Greens Broccoli Salad Hamburger | 31 Meatloaf Italian Baked Chicken Mashed Potatoes Yeast Roll Green Beans Asparagus Tomato Cucumber Salad Chicken Nuggets | 1 | 2 | 3 | 4 |